HIGH ASH WEEKLY MENU

Autumn term 2026, Nov & Dec

Booking a school meal means you can feel confident your child is eating a nutritionally balanced, hot meal everyday and saves time for busy parents by not having to make a packed lunch each day.

We serve a meat and vegetarian option everyday plus jacket potato served with baked beans, tuna or cheese. At least two portions of fruit or vegetables are available each day - all meal options are served with the seasonal vegetables or salad, and fresh fruit is available everyday.

All our eggs are free range and we work with the local butcher to source meat with high animal welfare standards and produced locally where possible. Our kitchen doesn't have any deep fat fryers - all our food is baked, roasted or steamed.

Does your child have an allergy or dietary requirement?

We cater for all types of allergies or dietary requirements. Dairy free, gluten free and the allergy options are available where possible or an alternative will be provided for both main course and dessert. We are a nut free school.

If you have any questions and queries please contact Michelle, our Catering Manager at kitchen@highashschool.co.uk

HIGH ASH WEEKLY MENU

Week 1, Nov 2nd

Mon

Spaghetti Bolognese served with a garlic slice
Macaroni cheese & garlic slice
Jacket Potato - with cheese, beans or tuna

Tues

Ash Tree Chicken curry served with rice & pita bread
Vegetable Risotto
Jacket Potatoes - with cheese, beans or tuna

Wed

Roast chicken with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thurs

Bonfire bangers with mash & onion gravy
Bonfire Vegetarian bangers with mash & onion gravy
Jacket Potato - with cheese, beans or tuna

Fri

Battered Fish fillet served with chipped potatoes
Quorn dippers served with chipped potatoes
Jacket Potato - with cheese, beans or tuna

HIGH ASH C.E. PRIMARY SCHOOL PROUD

Week 2, Nov 9th

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Mon

Deep pan cheese & tomato pizza
Jacket Potato - with cheese, beans or tuna

Tues

Beef chilli served with rice & taco
Five bean chilli served with rice & taco
Jacket Potato - with cheese, beans or tuna

Wed

Roast Chicken breast with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thurs

Chicken & winter vegetable pie served with
a pastry pillow, mash & vegetables
Creamy butter bean & leek pie
Jacket Potato - with cheese, beans or tuna

Fri

Battered Fish fillet served with chipped potatoes
Baked bean & cheddar pasty served with chipped potatoes
Jacket Potato - with cheese, beans or tuna

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Week 3, Nov 16th

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Mon

Pepperoni pasta & garlic slice
Macaroni cheese & garlic slice
Jacket Potato - with cheese, beans or tuna

Tues

Toad in the hole with mash & gravy
Quorn toad in the hole
Jacket Potato - with cheese, beans or tuna

Wed

Roast chicken with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thurs

Chicken Korma with & rice & pita
Feta & Spinach filo pie
Jacket Potato - with cheese, beans or tuna

Fri

Battered Fish fillet served with chipped potatoes
Vegetable quiche served with chipped potatoes
Jacket Potato - with cheese, beans or tuna

Week 4, Nov 23rd

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Mon

Beef lasagne served with a garlic slice
Macaroni cheese served with a garlic slice
Jacket Potato – with cheese, beans or tuna

Tues

Butchers Pork sausages with mash & onion gravy
Vegetarian sausages with mash & onion gravy
Jacket Potato - with cheese, beans or tuna

Wed

Roast chicken with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thurs

Fish fillet & chipped potatoes & peas
Quorn dippers & chipped potatoes & peas
Jacket Potato - with cheese, beans or tuna

Fri

INSET DAY

HIGH ASH C.E. PRIMARY SCHOOL PROUD

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Week 5, Nov 30th

Mon

Deep pan cheese & tomato pizza
Jacket Potato - with cheese, beans or tuna

Tues

Ash Tree chicken curry
Bean enchilada served with rice
Jacket Potato - with cheese, beans or tuna

Wed

Roast chicken with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thurs

Toad in the hole with mash & gravy
Quorn toad in the hole
Jacket Potato - with cheese, beans or tuna

Fri

Battered Fish fillet served with chipped potatoes
Roasted vegetable lasagne with chipped potatoes
Jacket Potato - with cheese, beans or tuna

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Week 6, Dec 7th

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Mon

Pork Meatballs served with spaghetti & a garlic slice
Macaroni cheese & a garlic slice
Jacket Potato – with cheese, beans or tuna

Tues

Chicken Tender wrap
Quorn Tender wrap
Jacket Potato - with cheese, beans or tuna

Wed

Ash tree chicken curry with rice or noodles
BBQ Cauliflower wings
Jacket Potato - with cheese, beans or tuna

Thurs

Fish fillet & chipped potatoes & peas
Vegetable fingers & chipped potatoes & peas
Jacket Potato - with cheese, beans or tuna

Fri

Roast turkey with all the trimmings
Christmas vegetable Wreath with all the trimmings



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Week 7, Oct 12th

Mon

Deep pan cheese & tomato pizza
Jacket Potato - with cheese, beans or tuna

Tues

Salmon Fish fingers & chipped potatoes & peas
Vegan nuggets & chipped potatoes & peas
Jacket Potato - with cheese, beans or tuna

Wed

Roast chicken pie with mash & seasonal vegetables
Home made Brie & cranberry filo cracker with mash & seasonal veg
Jacket Potato - with cheese, beans or tuna

Thurs

Ash tree chicken curry with rice
Vegetable & chickpea Balti with rice
Jacket Potato - with cheese, beans or tuna

Fri

Frankfurter hot dog served with Nachos
Quorn Frankfurter served with Nachos
Jacket Potato - with cheese, beans or tuna

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