	Eggs	Milk	Fish	Crustaceans	Molluscs	Peanuts	Treenuts	Sesame seeds	Cereals containg gluten: *Wheat*	*Rye*	*Barley*	*Oats*	Soya	Celery & Celariac	Mustard	Lupin	Sulphur dioxide and sulphites	
Spaghetti bolognaise with garlic slice		X							x								x	
Beef chilli taco with rice																	x	
Chargrilled chicken breast																	x	
Southern fried quorn fillet	x								x				x					
Ash Tree Chicken curry with rice									x								x	
Quiche of the week	x	x							x								x	
Vegetable chow main with rice or noodles	x								x				x					
Roast chicken & all the trimmings									x									
Salmon Fish finger			x						x									
Battered Fillet of fish			x						x									
Halloumi Burger		x							x									
Mac cheese		x							x									
Vegetable burger									x									
Beef burger									x									
Quorn tenders in a wrap									x				x					
Chicken Tenders in a wrap									x									
Sticky vegetable Boa buns									x									x
Pepperoni pizza pasta bake									x				x					
Pork meat balls and garlic slice									x									x
Vegetable ravioli		x							x									x
Butchers sausage in a roll									x									
Mexican bean roll		x							x									
Vegan sausages in a roll									x				x					
Quorn dippers									x				x					
Vegetable caneloni		x							x									
Battered fish			x						x									
Pea & mint falafel with pitta									x									
Breaded fish			x						x									
Katsu chicken curry with rice or noodles									x									
Cheese pizza		x							x									
Halloumi Shawarma		x							x									x
Quorn dippers	x								x				x					
Breaded Vegetable fingers									x									
Leek & feta parcel	x	x							x									
Hot dog									x									x
Quorn hot dog	x								x				x					
Beef lasagne		x							x									
Tandoori chicken with rice & pitta									x									
Tandoori Paneer with rice & pitta		x							x									
Jacket potato with tuna			x															
Jacket potato with baked beans																		
Jacket potato with cheese		x																