



Menu - Summer term, June & July 2026

Booking a school meal means you can feel confident your child is eating a nutritionally balanced, hot meal everyday and saves time for busy parents by not having to make a packed lunch each day.

We serve a meat and vegetarian option everyday plus jacket potato served with baked beans, tuna or cheese. Over the coming term we will be serving a Bar- B -Q themed menu on alternate Wednesdays during the Summer term.

At least two portions of fruit or vegetables are available each day - all meal options are served with the seasonal vegetables or salad bar and fresh fruit is available everyday.

All our eggs are free range and we work with the local butcher to source meat with high animal welfare standards and produced locally where possible. **Our kitchen doesn't have and has never had any deep fat fryers. Our food is baked, roasted or steamed.**

Have an allergy or dietary requirement?

We cater for all types of allergies or dietary requirements. Dairy free, gluten free and the allergy options are available where possible or an alternative will be provided for both main course and dessert. **We are a nut free school.**

If you have any questions and queries please contact the Catering Manager Michelle at kitchen@highashschool.co.uk



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Week 1 – week of 1st June

Monday

Chicken tender wrap served with rice & salad bar
Southern fried Quorn tender wrap with rice & salad bar
Jacket potato served with cheese, tuna or beans

Tuesday

Battered Fish, chipped potatoes & peas
Mexican bean puff pastry roll, chipped potatoes & peas
Jacket potato served with cheese, tuna or beans

Ash Tree Mid week 'BBQ' style special

Beef burger or Garden vegetable burger in a bun
Served with home made coleslaw & potatoes wedges
Jacket Potato - with cheese, beans or tuna

Thursday

Ash Tree Chicken curry with rice & pita
Courgette & feta fritters rice & pita
Jacket Potato - with cheese, beans or tuna

Friday

Deep pan Cheese pizza slice with crudité's & Sweetcorn
Jacket Potato - with cheese, beans or tuna

Week 2 – week of 8th June

Monday

Pork Meatballs with tomato sauce & spaghetti
Vegetable Ravioli & a garlic slice
Jacket Potato – with cheese, beans or tuna

Taco Tuesday

Beef chilli served with rice & a taco shell
Five bean chilli crispy taco served with rice
Jacket Potato - with cheese, beans or tuna

Ash Tree Summer Roast

Chargrilled chicken breast, salad bar & new potatoes
Vegetable Quiche of the week, salad bar & new potatoes
Jacket Potato - with cheese, beans or tuna

Thursday

Katsu Chicken curry with rice or noodles
Vegetable stir fry with rice or noodles
Jacket Potato - with cheese, beans or tuna

Friday

Salmon Fish fingers, chipped potatoes & peas
Quorn dippers, chipped potatoes & peas
Jacket Potato - with cheese, beans or tuna

Week 3 – week of 15th June

Monday

Spaghetti Bolognese served with a garlic slice
Macaroni cheese served with a garlic slice
Jacket Potato - with cheese, beans or tuna

Tuesday

Chicken tender wrap with rice & salad bar
Southern fried Quorn tender wrap with rice & salad bar
Jacket potato served with cheese, tuna or beans

Ash Tree Mid week 'BBQ' style special

Best Butchers sausage or Quorn sausage in a roll served
with corn on the cob and roasted new potatoes
Jacket Potato - with cheese, beans or tuna

Thursday

Chicken Shawarma served with flat bread & salad bar
Halloumi Shawarma with flat bread & salad bar
Jacket Potato - with cheese, beans or tuna

Friday

Fish fillet served with fries & garden peas
Garden Vegetable burger in a bun with fries & salad
Jacket Potato - with cheese, beans or tuna

All meals served with veg or salad



Week 4 – week of 22nd June

Monday

Italian style meatballs with spaghetti
Wholemeal cheese & pepper pasta bake & a garlic slice
Jacket Potato – with cheese, beans or tuna

Taco Tuesday

Chicken Fajitas served in a taco shell
Haloumi Fajitas served in a taco shell
Jacket Potato - with cheese, beans or tuna

Ash Tree Summer Roast

Chargrilled chicken breast or Vegetable Quiche of the week served with seasonal salad bar & new potatoes
Jacket Potato - with cheese, beans or tuna

Thursday

Chicken tenders wrap with seasoned rice & salad bar
Quorn fillet wrap with seasoned rice & salad bar
Jacket Potato - with cheese, beans or tuna

Friday

Battered Fish fillet & chipped potatoes & peas
Battered Quorn fillet & chipped potatoes & peas
Jacket Potato - with cheese, beans or tuna

Week 5 – week of 29th June

Monday

Spaghetti Bolognese served with a garlic slice
Macaroni cheese served with a garlic slice
Jacket Potato - with cheese, beans or tuna

Tuesday

Salmon Fish fingers, chips & peas
Southern fried Quorn dippers with chips & peas
Jacket Potato - with cheese, beans or tuna

Ash Tree Mid week 'BBQ' style special

Butchers sausage or Quorn sausage in a roll served with corn on the cob and potato wedges
Jacket Potato - with cheese, beans or tuna

Thursday

Chicken Katsu curry with rice or noodles
Vegetable Samosas with rice or noodles
Jacket Potato - with cheese, beans or tuna

Friday

Deep pan Cheese pizza slice
Served with olives, vegetable crudité's & sweetcorn
Jacket Potato - with cheese, beans or tuna

Week 6 – 6th July

Monday

Italian style Meat balls with spaghetti & garlic slice
Spinach & feta cannelloni & garlic slice
Jacket Potato – with cheese, beans or tuna

Tuesday

Chicken tenders wrap with seasoned rice & salad bar
Quorn fillet wrap with seasoned rice & salad bar
Jacket Potato - with cheese, beans or tuna

Ash Tree Summer Roast

Chargrilled chicken breast with seasonal salad bar & new potatoes
Vegetable Quiche of the week with seasonal salad bar & new potatoes

Thursday

Chilli con carne with rice
Homemade Five bean enchiladas with rice
Jacket Potato - with cheese, beans or tuna

Friday

Battered Fish fillet & chipped potatoes & peas
Quorn dippers & chipped potatoes & peas
Jacket Potato - with cheese, beans or tuna



Week 7 – week of 13th July

Monday

Chicken Alfredo & garlic ciabatta
Vine tomato & mozzarella penne pasta bake
& garlic ciabatta
Jacket Potato - with cheese, beans or tuna

Tuesday

Home made sausage roll, new potatoes & sweetcorn
Vegan sausage roll, new potatoes & sweetcorn
Jacket Potato - with cheese, beans or tuna

Ash Tree Mid week 'BBQ' style special

Beef burger in a bun or Grilled Haloumi & pepper
skewer served with coleslaw & hand-cut potato
wedges
Jacket Potato - with cheese, beans or tuna

Thursday

Chicken Katsu curry served with rice or noodles
Yasai Katsu curry served with rice or noodles
Jacket Potato - with cheese, beans or tuna

Friday

Battered fish with chips & peas
Quorn nuggets with chips & peas
Jacket Potato - with cheese, beans or tuna

Week 8 – week of 20th July

Monday

Cheese & tomato pizza slice
served with Salad bar
Jacket Potato - with cheese, beans or tuna

Tuesday

Frankfurter hot dog served with
served with sweetcorn & nachos
Quorn Frankfurter served
with served with sweetcorn & nachos
Jacket Potato - with cheese, beans or tuna

**Have a great Summer
From your Ash Tree team!**