



PE on a page at High Ash

Aims

- Deliver a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities
- To provide opportunities for pupils to become physically confident in a way which supports their health and fitness both in and out of school.
- Opportunities for all to compete and engage in sport and other activities to build character, apply skills and help to embed values such as fairness and respect.

PE non-negotiables

PE Lessons

- Children will receive one lesson from PE coach and one lesson from class teacher
- Both coach and class teacher will refer to plans from PE planning
- All resources will be prepared prior to the lesson e.g balls pumped, mats laid out

Resources

- PE Planning (full plans and quick plans)
- Videos of key skills on PE Planning website
- PE equipment (full list can be found on PE planning document)

Working Walls / Displays

- N/A

SEND

- Suitable adaptations to be made, using examples on PE Planning document

Assessment

- End of unit assessments (completed by coach and class teacher)
- Assessment opportunities in lessons

Lesson structure

1. Warm up
2. Recap prior learning (determined by feedback/assessment)
3. Modelling - skill development activity
4. Check understanding
5. Modelling - apply skills
6. Independent practice - game
7. Assessment - during cool down