

**High Ash C of E**  
**PSHE Curriculum Overview**



	Aut 1	Aut 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Cycle 1 (2024-25)</b>	Year 1/2 Being Me in My World (Age 5-6)  Year 3/4 Being Me in My World (Age 8-9)  Year 5/6 Being Me in My World (Age 10-11)	Year 1/2 Celebrating Differences (Age 5-6)  Year 3/4 Celebrating Differences (Age 8-9)  Year 5/6 Celebrating Differences (Age 10-11)	Year 1/2 Dreams and goals (Age 5-6)  Year 3/4 Dreams and goals (Age 8-9)  Year 5/6 Dreams and goals (Age 10-11)	Year 1/2 Healthy Me (Age 5-6)  Year 3/4 Healthy Me (Age 8-9)  Year 5/6 Healthy Me (Age 10-11)	Year 1/2 Relationships (Age 5-6)  Year 3/4 Relationships (Age 8-9)  Year 5/6 Relationships (Age 10-11)	<b>Separate year groups Changing Me</b> Year 1 Changing me (Age 5-6) Year 2 Changing me (Age 6-7) Year 3 Changing me (Age 7-8) Year 4 Changing me (Age 8-9) Year 5 Changing me (Age 9-10) Year 6 Changing me (Age 10-11)
<b>Cycle 2 (2025-26)</b>	Year 1/2 Being Me in My World (Age 6-7)  Year 3/4 Being Me in My World (Age 7-8)  Year 5/6 Being Me in My World (Age 9-10)	Year 1/2 Celebrating Differences (Age 6-7)  Year 3/4 Celebrating Differences (Age 7-8)  Year 5/6 Celebrating Differences (Age 9-10)	Year 1/2 Dreams and goals (Age 6-7)  Year 3/4 Dreams and goals (Age 7-8)  Year 5/6 Dreams and goals (Age 9-10)	Year 1/2 Healthy Me (Age 6-7)  Year 3/4 Healthy Me (Age 7-8)  Year 5/6 Healthy Me (Age 9-10)	Year 1/2 Relationships (Age 6-7)  Year 3/4 Relationships (Age 7-8)  Year 5/6 Relationships (Age 9-10)	<b>Separate year groups Changing Me</b> Year 1 Changing me (Age 5-6) Year 2 Changing me (Age 6-7) Year 3 Changing me (Age 7-8) Year 4 Changing me (Age 8-9) Year 5 Changing me (Age 9-10) Year 6 Changing me (Age 10-11)
<b>Cycle 1 (2026-27)</b>	Year 1/2 Being Me in My World (Age 5-6)  Year 3/4 Being Me in My World (Age 8-9)  Year 5/6 Being Me in My World (Age 10-11)	Year 1/2 Celebrating Differences (Age 5-6)  Year 3/4 Celebrating Differences (Age 8-9)  Year 5/6 Celebrating Differences (Age 10-11)	Year 1/2 Dreams and goals (Age 5-6)  Year 3/4 Dreams and goals (Age 8-9)  Year 5/6 Dreams and goals (Age 10-11)	Year 1/2 Healthy Me (Age 5-6)  Year 3/4 Healthy Me (Age 8-9)  Year 5/6 Healthy Me (Age 10-11)	Year 1/2 Relationships (Age 5-6)  Year 3/4 Relationships (Age 8-9)  Year 5/6 Relationships (Age 10-11)	<b>Separate year groups Changing Me</b> Year 1 Changing me (Age 5-6) Year 2 Changing me (Age 6-7) Year 3 Changing me (Age 7-8) Year 4 Changing me (Age 8-9) Year 5 Changing me (Age 9-10) Year 6 Changing me (Age 10-11)
<b>Cycle 2 (2027-28)</b>	Year 1/2 Being Me in My World (Age 6-7)  Year 3/4 Being Me in My World (Age 7-8)  Year 5/6 Being Me in My World (Age 9-10)	Year 1/2 Celebrating Differences (Age 6-7)  Year 3/4 Celebrating Differences (Age 7-8)  Year 5/6 Celebrating Differences (Age 9-10)	Year 1/2 Dreams and goals (Age 6-7)  Year 3/4 Dreams and goals (Age 7-8)  Year 5/6 Dreams and goals (Age 9-10)	Year 1/2 Healthy Me (Age 6-7)  Year 3/4 Healthy Me (Age 7-8)  Year 5/6 Healthy Me (Age 9-10)	Year 1/2 Relationships (Age 6-7)  Year 3/4 Relationships (Age 7-8)  Year 5/6 Relationships (Age 9-10)	<b>Separate year groups Changing Me</b> Year 1 Changing me (Age 5-6) Year 2 Changing me (Age 6-7) Year 3 Changing me (Age 7-8) Year 4 Changing me (Age 8-9) Year 5 Changing me (Age 9-10) Year 6 Changing me (Age 10-11)