



Summer Term, April & May 2024

We are lucky as a school to have our in-house kitchen and trained chef. We offer all our children freshly cooked, nutritious meals that adhere to the Government's School Food Standards. We try to be sustainable too and source our ingredients locally and in season where possible, keep plastic use to a minimum and recycle as much as we can.

We serve a meat and vegetarian option everyday plus jacket potato served with baked beans, tuna or cheese. At least two portions of fruit or vegetables are available each day - all meal options are served with the seasonal vegetables or salad bar and fresh fruit is available everyday. Over the winter we serve a hot pudding at least once a week. Booking a school meal means you can feel confident your child is eating a nutritionally balanced, hot meal and saves time for busy parents by not having to make a packed lunch each day. Bookings are via your ParentPay account and can be made for the term in advance up until 9am on the day.

Have an allergy or dietary requirement?

We cater for all types of allergies or dietary requirements. Dairy free, gluten free and the allergy options are available where possible or an alternative will be provided for both main course and dessert. We are a nut free school.

If you have any questions and queries please contact the catering team on kitchen@highashschool.co.uk

Menu – Summer Term 1, 2024

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Week 1 – week of 15th April

Monday

Spinach & ricotta cannelloni & garlic slice
Pasta of the week served with tomato & cheese sauce
Jacket Potato - with cheese, beans or tuna

Tuesday

Sausage & mash & onion gravy
Vegetable sausage with mash & onion gravy
Jacket Potato - with cheese, beans or tuna

Ash Tree Roast

Roast Chicken or Gammon with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thursday

Home made Chinese Chicken curry with rice or noodles
Stir fried vegetables served with rice or noodles
Jacket Potato - with cheese, beans or tuna

Friday

Battered cod, chips & peas
Vegetable Bombay pasty served with chips & peas
Jacket Potato - with cheese, beans or tuna

Week 2 – week of 22nd April

Monday

Baked Tomato & mozzarella Orzo pasta
Pasta of the week served with tomato & cheese sauce
Jacket Potato – with cheese, beans or tuna

Tuesday

Salmon fish fingers, potato fries, tartar sauce & peas
Quorn nuggets served with potato fries
Jacket Potato - with cheese, beans or tuna

Ash Tree Roast Wednesday

Roast chicken or ham with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thursday

Meatballs served a tomato sauce with rice
Vegan meatballs served a tomato sauce served with rice
Jacket Potato - with cheese, beans or tuna

Friday

Deep pan pepperoni pizza slice with nachos & salad
Deep pan cheese pizza slice with nachos & salad
Jacket Potato - with cheese, beans or tuna

Week 3 – 29th April

Monday

Macaroni cheese & garlic slice
Pasta of the week served with tomato & cheese sauce
Jacket Potato - with cheese, beans or tuna

Tuesday

Sausage & mash & onion gravy
Quorn sausage with mash & onion gravy
Jacket Potato - with cheese, beans or tuna

Ash Tree Mid week Roast

Roast Chicken or Gammon with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thursday

Home made chicken curry served with rice
Roasted cauliflower & lentil Dahl with rice
Jacket Potato - with cheese, beans or tuna

Friday

Battered cod & chips
Summer vegetable quiche served with chipped potatoes
Jacket Potato - with cheese, beans or tuna

All meals served with veg or salad

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Week 4 – week of 6th May

Bank Holiday Monday

Tuesday

Spaghetti bolognese served with a garlic slice
Vegetable bolognese served with a garlic slice
Jacket Potato - with cheese, beans or tuna

Ash Tree roast Wednesday

Roast Gammon or chicken with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thursday

Chicken fajitas served in a tortilla wrap with rice
Haloumi fajitas in a tortilla wrap with rice
Jacket Potato - with cheese, beans or tuna

Treat Friday

Beef burger, chipped potatoes & peas,
Southern fried Quorn burger, chipped potatoes & peas
Jacket Potato - with cheese, beans or tuna

Week 5 – week of 13th May

Monday

Macaroni cheese with a garlic slice
Pasta of the week served with tomato & cheese sauce
Jacket Potato – with cheese, beans or tuna

Tuesday

Fish fingers served with fries & peas
Vegetable strudel served with fries & peas
Jacket Potato - with cheese, beans or tuna

Ash Tree Roast

Roast chicken or ham with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thursday

Home made chicken curry served with rice
Roasted cauliflower & lentil Dahl with rice
Jacket Potato - with cheese, beans or tuna

Pizza Friday

Deep pan pepperoni pizza slice with nachos & salad
Deep pan cheese pizza slice served with nachos
Jacket Potato - with cheese, beans or tuna

Week 6- week of 20th May

Monday

Roasted vegetable lasagne
Pasta of the week served with tomato & cheese sauce
Jacket Potato - with cheese, beans or tuna

Tuesday

Salmon fish fingers, potato fries, tartar sauce & peas
Southern fried fillets served with potato fries & peas
Jacket Potato - with cheese, beans or tuna

Ash Tree Mid week Roast

Roast Ham or chicken with all the trimmings
Vegetarian roast with all the trimmings
Jacket Potato - with cheese, beans or tuna

Thursday

Chicken fajitas served in a tortilla wrap with rice
Haloumi fajitas in a tortilla wrap with rice
Jacket Potato - with cheese, beans or tuna

End of term Treat Friday

Frankfurter hot dog served with nachos & salad
Quorn Frankfurter hot dog served with nachos & salad
Jacket Potato - with cheese, beans or tuna

All meals served with veg or salad