



<u>English</u>	<u>Maths</u>
<p>This half term, we are going to be having a big push on narrative and descriptive writing. We'll be starting the half term by writing about our dreams. We'll be looking at excerpts from Roald Dahl's 'The BFG', where we will be writing about our own dream jars. We will be focusing on the use of conjunctions in SPAG across both year groups and Year 2 will be having a specific focus on possessive apostrophes. We will also be completing setting descriptions and character descriptions linked to different images and texts.</p>	<p>In Year 1, we will be completing our place value to 50 unit and then exploring length, height, mass and volume. Towards the end of the half term, we will be beginning to explore simple multiplication and division.</p> <p>In Year 2, the children will be exploring length, height, mass, capacity and temperature. The children will also be exploring fractions.</p>
<u>Hook Day</u>	
<p>We will be starting our topic with a 'healthy' day. We will be putting our cutting skills to the test when we prepare a healthy snack of fruit kebabs. The children will be participating in a 'Sports Day' and trying out different intensities of exercise. We will be thinking about different athletes and sports events within the Olympics and discussing what parts of our bodies move as we work out. This will kick start our discussions on how our body changes during exercise and why exercise is so important to a healthy lifestyle.</p>	
<u>Topic</u>	
<p>This half term our topic is all about our bodies and the effects of exercise. We will be taking part in different exercises over the half term and thinking about what changes in our bodies as we work out. We will be measuring our pulses at different stages of a workout and understanding why our bodies change. We will be looking at different types of athletes and discussing which body parts they use within their sport and how this affects their body shapes. We will be discovering what it means to be healthy and look at eating well, as well as things like moving our bodies, spending time with our friends and doing things we enjoy, which all help to give us a healthy lifestyle. We will be learning about different food groups and what a balanced diet means. We will then be using all our knowledge to create our own Sports Day, where the children will be designing an exercise for a specific body part. They will have to think about the intensity of the activity and be able to describe what the activity is working out and why.</p>	
<u>RE and PHSE</u>	
<p>RE - We will be exploring Judaism this half term with a specific look at the celebration of Shabbat. The children will explore why Shabbat is significant to Jewish people and we will even be trying to make some of our own Challah bread!</p> <p>PSHE - We will be exploring relationships that we have with others. We will be looking at who is in our families and identifying people who are special to us. We will be looking at what qualities make a good friend and what qualities we have that we offer to other people.</p>	
<u>Other Subjects</u>	
<p>PE - This term our PE units are Tennis and Athletics. We will be learning to practise basic movements including running, jumping, throwing and catching. We will be learning to throw, roll and catch different-sized balls and grip a tennis racket appropriately. We will be learning to send a ball with increased confidence using a racket and explore forehand hitting. In athletics we will be developing our running, shot put and long jump skills, as well as participating in relay events.</p> <p>Music - We will be learning about tempo and listening to different pieces of music with different tempos. We will then be linking this to our INNOVATE where the children will create a piece of music that has the ideal tempo for their exercise. We will also be exploring body percussion and using this to create different sounds.</p>	
<u>STAR WORDS</u>	
<p>Strenuous</p> <p>Intensity</p> <p>Endorphins</p> <p>Cardiovascular activities</p> <p>Aerobic</p> <p>Respiratory</p>	