



# Personal, Social and Health Education Policy

<b>Last updated:</b>	<b>Feb 23</b>
<b>Approved by Governors:</b>	<b>13.12.23</b>
<b>Review cycle:</b>	<b>Annual</b>
<b>Review date:</b>	<b>12.12.24</b>

## **Statutory requirement & definitions of PSHE**

The DfE has made Health Education and Relationships Education statutory (and Sex Education recommended for all state funded primary schools from September 2020. At High Ash C.E. School this is taught through the Jigsaw PSHE curriculum and teaches pupils what they needs to know by the end of Year 6 as defined by the DfE guidance (**See appendix 1**).

### **PSHE Vision**

To ensure children are confident and comfortable to express their emotions and opinions and are able to respect both themselves and those around them.

### **What we believe**

At High Ash CE School, we believe that PSHE helps to give our children the knowledge, skills and understanding they need to lead confident, healthy and independent lives. At our school we are committed to ensuring that the emotional and social needs of all our children are met within our school environment, and we support the development of children's health and wellbeing, self-esteem and confidence. We also believe that building resilience in our children and instilling the core British values helps to prevent any form of radicalisation.

Aims:

Through our PSHE curriculum we aim that our children will:

- Develop spiritually, morally, socially and culturally
- Develop self-confidence and self-responsibility
- Understand and implement our British Values
- Value themselves and others
- Acknowledge and appreciate difference and diversity
- Be independent, responsible and active members of the school and the local community
- Learn to make informed choices
- Be prepared to be positive and active members of a democratic society
- Understand what constitutes a safe and healthy lifestyle
- Develop the ability to form good relationships
- Understand and manage their emotions
- Have opportunities to consider issues which may affect their own lives and/or the lives of others
- Have the confidence to speak up when they feel something is not right.

## How often is PSHE taught? Who teaches PSHE?

PSHE is taught weekly by the class teacher. At the end of every half term, Parents receive a curriculum overview for the next half term – PSHE is cited with a brief overview of the content of PSHE lessons for that half term.

## Planning, Teaching and Learning.

High Ash CE School use the Jigsaw PSHE programme, a nationally recognised programme for primary aged children which takes a mindful approach to PSHE at an age appropriate level.

## Stakeholder Engagement

This policy has been agreed by our Governing Body, Church representatives and in consultation with our parent body. We would encourage any parents who have questions to talk to their class teacher or our PSHE leader/Deputy Head Teacher, Mrs Kate Goodger.

## Jigsaw Content

Jigsaw covers all areas of PSHE for the primary phase, as the table below shows:

Term	Puzzle name	Content
<b>Autumn 1:</b>	Being Me in My World	Includes understanding my place in the class, school and global community as well as devising Learning Charters
<b>Autumn 2:</b>	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and diversity work
<b>Spring 1:</b>	Dreams and Goals	Includes goal-setting, aspirations, working together to design and organise fund-raising events
<b>Spring 2:</b>	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices
<b>Summer 1:</b>	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills <b>(Please see our separate RSE Policy)</b>
<b>Summer 2:</b>	Changing Me	Includes Sex and Relationship Education in the context of looking at change <b>(Please see our separate RSE Policy)</b>

*©Copyright:Jigsaw PSHE Ltd 2018*

## **Right to Withdraw**

Parents and carers **do not have the right** to withdraw their child from PSHE, which includes statutory Relationships Education and Health Education (including the changing adolescent body/puberty).

The National Science curriculum also includes content on human development, including reproduction, which there is **no right** to withdraw from.

At High Ash C.E. School, we encourage participation in PSHE for all, and highly recommend all students receive the full PSHE curriculum.

Policy written October 2019 by Kate Goodger, PSHE Lead

In consultation with Governors and Church Representatives, January 2020

In consultation with Parents through the Parent Forum on 22 January 2020. All parents were invited to attend either of the 2 Parent Forum sessions held. 22 attended.

Next Review date: October 2023

## **Appendix 1 – website links for DfE guidance**

[https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary\\_](https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary_)

-

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/812593/RSE\\_primary\\_schools\\_guide\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf)