



# High Ash CE School

Friday 30<sup>th</sup> June 2023

*'Let your light shine' Matthew 5:16*



## Grow Together Shine Forever

Dear High Ash families,

We have had another fantastic week here at High Ash. The children have been really determined to get in as many laps as possible as part of our fundraising for Macmillan Cancer Research. Year 6 are working hard to perfect their play and we are really looking forward to the music concert next week. In the next week or so, we will be sending out information about instrumental music lesson opportunities for the Autumn Term. The children have also been really focused on their learning this week and I have been particularly impressed with Year 5 and 6s non-chronological reports and the standard of their writing and how much pride they have been taking in their work. Watch out for our Facebook page next week where we will be sharing even more examples of some of the great work and learning that has been happening at school. Have a great weekend!

Ruth Lewin, Headteacher

### ***This week's report from our Roving Reporters Lottie and Eliza!***

This week in Roving Reporter we've been talking to Years 3 and 4 about what they have enjoyed so far this term. Darcy has enjoyed learning about the different States in America in geography lessons because this was something new and Alissa and Jessica enjoyed learning cheerleading skills during the hook day, especially learning how to do lifts. Finally, Miles has enjoyed the experiments they have been doing as they learn about circuits.

### ***Dates for Your Diary:***

Tuesday 4<sup>th</sup> July - New class transition  
Wednesday 5<sup>th</sup> July - Strike action: Cedar and Chestnut classes closed  
Thursday 6<sup>th</sup> July - Music concert at 6pm  
Friday 7<sup>th</sup> July - Strike action: Acorn and Holly closed  
Friday 7<sup>th</sup> July - Hazel class assembly  
Friday 7<sup>th</sup> July - KS2 Star Assembly



High Ash CE Primary School



@highashce

### ***Coffee morning - Friday 14<sup>th</sup> July, 9am***

We will be holding an informal coffee morning in the hall as an opportunity for parents/carers to find out about volunteering opportunities for the Autumn Term. It may be that you would be willing to support the school for one off events or happy to give up some time more regularly. It could be hearing readers, accompanying school trips, helping with a gardening club, speaking to children about your interesting profession or something else that we have not even considered. No need to sign up - just show up.

### ***URGENT - HASA***

It was good to reflect on all of the great things HASA has achieved at last night's AGM. Unfortunately, HASA was unable to elect a new Chair. Without a Chair, then HASA will not be able to exist. HASA not only raises a lot of money to buy the school the extra things (this year we were hoping that donations would help fund the library refurbishment) but it also organises events such as discos, Treat Friday and the circus which are wonderful experiences for the children. We know that some people were not able to make last night's meeting but would still like to be involved. The role of Chair takes about an hour a month and this year the meetings have all been online. If you are interested in supporting the school in this way, please do arrange to contact me via the office.

# *From Ash Tree Kitchen*

Due to popular demand, the team in the Ash Tree Kitchen has agreed to share some of their secret recipes each month so that families can enjoy the meals that the children love at school. This month, it is their incredibly popular chicken curry (scaled down from 200 portions to 4-6!)

## **Chicken curry**

Serves 4-6

4 skinless/boneless chicken breasts (could use thigh) cut into chunks

2tbsp of veg oil

2 medium sized onions chopped

2 cloves of garlic crushed

4 large carrots chopped

1 400ml can of coconut milk

500 ml of chicken stock

1tbsp of medium curry powder

2 tsp. of garam masala

1 tsp of ground cumin

1 tsp of ground cinnamon

1 tsp of chilli powder

1 tsp of ground coriander

Salt and pepper to taste

## **Method**

1. Gently fry the onions and garlic until soft and translucent on a medium heat. This should take about 10 mins, then add the chopped carrots.
2. In a separate pan seal the chicken breast on all sides, turn off and set aside.
3. In the pan with the onions, garlic and carrots add all the spices. Cook gently for a further 5 minutes.
4. Add the stock to the pan and simmer until the carrots are tender and soft.
5. Remove from the stove and blend everything together with a stick blender.
6. Return to the stove and add the can of coconut milk stirring in well, add the chicken to sauce and cook through 15/20 minutes on a medium heat. Salt and pepper to taste at the end.
7. Serve with steamed rice and naan bread

# Community Page



## Leighton Buzzard Fire Station

Come and visit the Fire Station for loads of interactive family-friendly fun, including:

- Inspect the Hazard House
- Explore a Fire Engine
- Test our Smoke Alarms
- Stories with Story Train
- Get a Glitter Tattoo
- Spray some Water
- Smoke Door Demo
- Tea & cake

**SATURDAY 12-3 pm**

**22 JULY 2023**

LAKESTREET, LEIGHTON BUZZARD, LU7 1RT



where can you find us... **Great Brickhill**  
Horsepond Rotten Row, Milton Keynes, MK17 9BA

### Activities include

- cookery on the campfire • tool use
- map reading • pond dipping
- arts and crafts • bug identification

31st July - 4th August 9-3pm

Cost- £35 per session / £17.50 half day session



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